



## Why am I offering you this system at absolutely no risk to you?

It's really quite simple.

First, I KNOW 10-Day New You Bootcamp program and will knock you off your feet. You'll lose the weight naturally all while enjoying yummy foods and keep it off forever effortlessly without yo-yo dieting. But I also realize you're probably skeptical so I wanted to remove any hesitation or doubt you may have.



Second, I trust you to be fair and not take advantage of me or my offer. Don't decide now if 10-Day New You Bootcamp is for you. Just get it and try it out. Prove to yourself that this system is all I say it is. Then decide whether it is as killer as I say it is or if you want "100% of your money back". You have nothing to lose, everything to gain and zero risk.

### Criteria for Money Back Guarantee

1. Take a full body "before" photo with a newspaper showing the date and email on day. You may be fully clothed.
2. Keep a journal of everything you eat and drink, including the times of the day, and send via email each day of the boot camp.
3. Take your measurements and weight on day 1 and retake them at the end of the 10 days. Email your chart on day 1 and on day 10.
4. Take a picture of you standing on the scale showing the number on Day 1 and on Day 10 and email.
5. Exercise and stretch daily for 30 minutes and send a live video or picture each day.
6. Drink half your body weight in ounces a day and mark it in your journal.
7. Eat only what is allowed in the program, no cheat foods or days.
8. Meditate daily on your vision of your success.
9. Schedule and complete a zero-cost weight loss breakthrough session with Tina McDermott. Use this link to schedule:  
<https://Tinamcdermottscalendar.as.me/FTFIntro>

If all the above criteria have been met and you have done everything that you can do to help improve your health and your life and would like a refund, please email [support@tinamcdermott.com](mailto:support@tinamcdermott.com) and one of our team members will assist you.