

## Why am I offering you this system at absolutely no risk to you?

It's really quite simple.

First, I KNOW the Finally Thin Forever membership program and will knock you off your feet. You'll lose the weight naturally all while enjoying yummy foods and keep it off forever effortlessly without yo-yo dieting. But I also realize you're probably skeptical so I wanted to remove any hesitation or doubt you may have.



Second, I trust you to be fair and not take advantage of me or my offer.

Don't decide now if the Finally Thin Forever membership program is for you. Just get it and try it out. Prove to yourself that this system is all I say it is. Then decide whether it is as killer as I say it is or if you want "100% of your money back". You have nothing to lose, everything to gain and zero risk.

Criteria for Money Back Guarantee:

1. Attend three group sessions per month.
2. Complete your coaching intake form within the first week.
3. Complete your health history forms and session with your coach within the first two weeks.
4. Take a full body "before" photo with a newspaper showing the date and email on day 1. You may be fully clothed.
5. Take a full body "After" photo with a newspaper showing the date and email on day 60. You may be fully clothed.
6. Take your measurements and weight on day one and retake them once a week. Email your chart on day one and each week.
7. Take a picture of your feet standing on the scale showing the number on Day 1 and once a month and email.
8. Keep a journal of everything that you have eaten and drank and send a copy to your coach daily.
9. Exercise and stretch daily for 30 minutes and email a live video or picture each day. The image can be of your exercise equipment.
10. Drink half your body weight in ounces a day and record it in your journal.



11. Eat only what is allowed in the program, no cheat foods or days.
12. Meditate 10 minutes daily on your vision of your success.

If all the above criteria have been met and you have done everything that you can do to help improve your health and your life and would like a refund, please email [support@tinamcdermott.com](mailto:support@tinamcdermott.com) and one of our team members will assist you.